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## Protection from abuse to victims with intellectual disabilities

### What is ATHENA Begin? To whom is it addressed?

This project addresses the vulnerability of **people with disabilities to become** victims of abuse. In particular, domestic **violence and gender-based violence (DV/G-BV)**. Offer resources and tools to professionals who assist women with intellectual disabilities victims of domestic violence, and empower the victims themselves to improve their quality of life by developing their skills and abilities.

This needs to address the situation to identify hidden realities, to tackle them professionally and effectively, and to **minimise any secondary victimisation** that these people may suffer during the process. Activities: Development of the content; train professionals involved in the care of victims of DV/G-BV; content for prevention; guidelines for different actions; Implementation of a new training method for professionals; numerous prevention workshops that are directed towards people with disabilities who may be at risk of suffering DV /G-B V .

Beneficiaries direct and indirect from the project: Women and men with intellectual disabilities: 2800; Professionals (healthcare, psychologists, social workers, jurists, police agents, caregivers): 600; Others (policy makers and general public): 7140.



## Project partners

### ATADES. Aragonese Tutelary Association for Intellectual Disability

**ATADES** is a private entity, aimed at assisting and guarding people with intellectual disabilities throughout their life cycle. Has been leading intellectual disability in Aragon since 1962. We have an early care center, special education centers, residences, sheltered housing, day centers, occupational workshops, special employment centers, and a leisure and free time club.

### A LA PAR Foundation

The **A LA PAR Foundation** is a non-profit organization with more than 70 years of experience, was founded in 1948. Since then, it works for the participation and inclusion of people with intellectual disabilities in society. It has become a reference organization within its field and enjoys great prestige. The organization tries to develop services that meet the main needs of persons with intellectual disabilities in their development, this way every day, it serves more than 1100 people with this condition.

### UMAR. Alternative women's union and response association

A **UMAR, Alternative Women's Union and Response** is an NGO established on September 12, 1976. It has been represented on the Consultative Council of CIDM (Commission for Equality and Women's Rights) since 1977. PRA TI - Porto is one of the Monitoring Centers of Women Victims of Violence at UMAR.

### EDRA. Social Cooperative Activities for Vulnerable Groups

The organisation 'Social Cooperative Activities for Vulnerable Groups – EDRA' (Abbreviation: K.S.D.E.O. "**EDRA**") is a Non-Profit Organisation- Social Cooperative, operating in the fields of mental health and mental retardation since 2001, aiming at the promotion of mental health, defending the rights of vulnerable groups and raising awareness in matters concerning mental health."

### Porto University

The **Faculty of Psychology and Education Sciences (FPCEUP)** began its activity in 1980 and is a reference point in training and research in these areas, offering high quality graduate and postgraduate programmes, across two departments. In recent years, FPCEUP has participated (both as coordinator and as participant) in more than 80 funded research and training projects, proving relevant specialized research.

# Tools, materials and resources

During the development of the project ATHENA BEGIN the following materials will be elaborated:

- Elaboration of training materials to improve the competences of professionals for the protection and support of women with intellectual disabilities; -Training of professionals: Manual, on prevention and awareness of DV/G-BV , for professionals working with people with ID.
- Organisation of prevention workshops for people with ID.
- Drafting of a Guide with recommendations on care for women with disabilities, victims of DV/G-BV, to be included in the action protocols already established by the relevant authorities in the field of DV/G-BV.
- Deliverables to be developed: Research: Needs analysis reports and state of the art document Tools and resources: Training material, manual, guidelines and brief leaflet, Dissemination material, web, newsletter...



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